

Kankakee Area YMCA Walker (Large) Pool Schedule

September 8 - 28, 2025



N. M.	-			F		Zr.
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 Ianes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:05-7:55am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-8:45 am	
Swim Lessons Lap Swim (2 lanes) 9:00am-9:45am	Swim Lessons Lap Swim (2 lane) 9:20am - 11am		Open Swim		Swim Lessons 8:45am - 9:45am Swim Lessons	
Open Swim Lap Swim (3 Ianes) 9:50am - 12:25pm	Swim Lessons 11 - 11:45am Open Swim	Open Swim Lap Swim (3 lanes) 9:05am-12:25pm Aqua Mix &	Lap Swim (3 lane) 9:20 - 12:25pm Twinges & Lap Swim (1 lane)	Open Swim Lap Swim (3 lanes) 9:05am-12:25pm Aqua Mix &	Lap Swim (1 lane) 9:45 - 11:15am	
	Lap Swim (2 Lane) 11 - 12:25pm Twinges & Lap Swim (1 lane)				Open Swim Lap Swim (2 lane) 11:15 - 12pm	
Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	12:30-1:30pm Splash! (5 lanes) Lap (1 lanes) 1:30pm - 2:20pm	Lap Swim (2 lanes) 12:30 - 1:15pm	12:30-1:30pm Splash! (5 lanes) Lap (1 lanes) 1:30pm - 2:20pm	Lap Swim (2 lanes) 12:30 - 1:15pm	Open Swim Lap Swim (3 Iane) 12:05 - 4pm	Open Swim (3 lane) Lap Swim (2 lane)
Open swim Lap Swim (2 lanes)	Open Swim Lap Swim (1 lane) 2:20-4:10pm	Open swim Lap Swim (3 lanes) 1:20 - 3:25pm	Open Swim Lap Swim (1 lane) 2:20-4:10pm	Open swim Lap Swim (3 lanes) 1:20-3:25pm	12:05 - 4pm	Swim Lessons 1:15 - 4pm
1:20 - 3:25pm Lap Swim (1 lane)	Swim Team 2:45 - 4:55pm Swim Lessons	Lap Swim (1 lane)	Swim Team 2:45 - 4:55pm Swim Lessons		closing on any day, li	ent 30 minutes prior to feguards will close the c Facility early.
Swim Team (4 lane) BMHS (1 lane) 3:30 - 4:55pm	Lap Swim (1 lane) Swim Team 4:15 - 5:00pm Swim Lessons	Swim Team (4 lane) BMHS (1 lane) 3:30 - 4:55pm	Lap Swim (1 lane) Swim Team 4:15 - 5:00pm	Lap Swim (1 lane) Swim Team (4 lane) BMHS (1 lane) 3:30 - 5:15pm		
Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Lap Swim (1 lane) 5:00 - 6:30pm Aqua Mix 5:45-6:30pm	Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Open Swim (1 lanes) 5:50-6:55pm	Open Swim Lap Swim (3 lanes) 5:15 - 7:30pm	Lap lanes will only be available during designated times. Please observe lap lane etiquette: if 3 or more people are wishing to swim laps, circle swimming will need to be observed. Preference will be given to lappers willing to share a lane. During open swim, children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms	
Swim Lessons Swim Team 6:30 - 7:45pm	Swim Team (4 lane) Open Swim (1 lane) Lap Swim (1 lane) 6:30 - 7:15pm	ST (3 lane) Swim Lesson Lap Swim (1 lane) 6:30 - 7:15pm	Swim Team (4 lane) Swim Lessons 6:30 - 7:30pm	Family Events: Fri., Oct. 24th Floating Pumpkin Patch Register at member services. No Lap Lanes 5:40		
Open Swim (begin 7:30pm) Lap Swim (3 lanes)	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 Iane) 7:20 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:20 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 Iane) 7:35 - 8:30pm		distance, all others co may All swimmers must sho	tance, all others comfortable in the water may swim. swimmers must shower in the locker room prior to entering the pool.
7:45 - 8:30pm 7:20 - 8:30pm 7:35 - 8:30pm 7:35 - 8:30pm 7:35 - 8:30pm 7:35 - 8:30pm Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team				7:30PM This schedule was last updated on 9/10/2025. Pool schedule may change for programming needs.		

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.